

# We Provide a Continuum of Care Across the Cancer Journey

# Connect with an SCS Representative Today



**What We Do**      **How We Do It**      **Our Services**

<b>Reduce Cancer Incidence</b>	<b>Bolster Cancer Prevention &amp; Control</b>	<b>Screening Services &amp; HPV Vaccination Programme</b>
<b>Increase Survival Rate</b>	<b>Provide Cancer Care and Support</b>	<b>Public Education</b>
<b>Improve Quality of Life</b>		<b>Financial &amp; Welfare Assistance</b>
<b>Greater Community Action</b>	<b>Rally the Community</b>	<b>Cancer Rehabilitation Support</b>
		<b>Psychosocial Counselling</b>
		<b>Cancer Support Services</b>
		<b>Home Hospice Care</b>
		<b>Advocacy</b>

☎ 1800-727-3333  
Monday – Friday, 8:30 AM – 6:00 PM

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Singapore 168583

## Your Guide to Cancer Care & Support with SCS

We understand a cancer diagnosis can feel overwhelming. This guide introduces the support, therapies, and resources Singapore Cancer Society (SCS) offers to help you live well through every stage of your cancer journey.



Stay Connected with Us:  
@sgcancersociety



# Our Care & Support Services

## Support Services

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### Cancer Care Navigation

Our cancer care navigators support you emotionally and connect you with resources to optimise your quality of life.

### Patient Ambassador Programme

We match you with a cancer survivor for one-to-one emotional support for up to 6 months.

### Cancer Support Groups

Find a strong support system in SCS's community of survivors. Our groups provide emotional support and regular enrichment activities that emphasise fitness, diet, mindfulness, personal interests, and artistic pursuits.

- ✦ **Bishana Ladies**  
(for women with any cancer type)
- ✦ **New Voice Club**  
(head & neck cancer)
- ✦ **Reach to Recovery**  
(breast cancer)
- ✦ **SemiColon**  
(colorectal cancer)
- ✦ **Walnut Warriors**  
(prostate cancer)
- ✦ **Other cancer types**  
(support available for all others)

### Hospice Care Service

SCS's multidisciplinary team provides holistic and supportive care for patients with a prognosis of less than one year.

## Financial Assistance\*

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### Cancer Care Fund (CCF)

A one-time cash payment that is disbursed within 6 months of your diagnosis.

### Cancer Treatment Fund (CTF)\*

A subsidy for those undergoing chemotherapy, radiation therapy, blood tests, and scans.

*\* Referral by hospital is required.*

### Welfare Aid Fund (WAF)

Provides temporary cash aid and/or medical supplies such as milk, diapers, and stoma bags.

### SCS Transport Service\*

We provide transport for your chemotherapy or radiation therapy appointments.

*\* Subject to availability.*

## Education Assistance

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### Help The Children and Youth Programme

SCS supports school-going children from families impacted by cancer through:

- ✦ Education Financial Assistance Scheme
- ✦ 1-to-1 Home Tuition
- ✦ Achievement Awards

*\* Eligibility is based on national and SCS means-tested criteria.*

## Cancer Rehabilitation

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### Physical Therapy and Occupational Therapy

Individualised therapy to manage cancer-related side effects (e.g. joint pain, reduced strength and endurance, numbness, fatigue and balance, memory lapse).

### Speech Therapy

Support to manage treatment side effects such as difficulty swallowing, voice restoration, and communication.

### Lymphedema Therapy

Get help to manage swelling, lower the risk of complications and to care for the condition yourself.

### Dietetic Care

Specialised diet counselling for treatment side effects (e.g. weight gain and poor appetite) and cancer recovery.

### Art Psychotherapy

Helps you express and process thoughts and emotions through creative art mediums.

### Return to Work & Return to Role Programmes

Combines rehabilitation and psychosocial support to help you return to work or your role.

### Counselling

Offers a safe space to talk to a professional about your concerns.

### Sexual Health Support

Provides guidance on sexual health and intimacy-related concerns during and after cancer treatment.