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BREAST CANCER

**IS THE NUMBER 1
CANCER AMONG
SINGAPOREAN
WOMEN.**

**Each year, 1930 women
are diagnosed with breast
cancer and over 420 die
from the disease¹.**

**If you notice any
changes in your breast,
you should seek medical
advice right away.**



Lump-may not be seen, but might be felt

Not all lumps are cancerous but A new lump or mass could be the most common symptom of breast cancer. A painless, hard mass with irregular edges is more likely to be cancer, but breast cancer can also be tender, soft, or rounded. They can even be painful.



Any Nipple discharge other than breast milk

Particularly clear discharge or bloody discharge



Skin texture

- Dimpling / puckering anywhere on the breast
- An enlargement of pores in the skin of the breast



Appearance or direction of nipple

- Nipple that is turned slightly inward or inverted
- The skin on nipple thickens or gets red or scaly



Rash or crusting

Unexplained redness, swelling, skin irritation, itchiness, or rash on the skin of the breast, areola, or nipple