

Dear Donors and Supporters,

With the evolving healthcare landscape and changing needs of the cancer community, Singapore Cancer Society (SCS) has stepped up efforts and introduced new programmes such as:



HPV Immunisation Programme for cervical cancer prevention and SCS Return to Work (RTW) Programme to support and help cancer survivors return to the workforce and be gainfully employed.



Intensified colorectal cancer screening through the Faecal Immunochemical Test (FIT) Kit Programme and expanded mammogram screening for breast cancer.



Continued to provide financial support to beneficiaries to cope with the impact of Covid-19.



Big move to the new National Cancer Centre Singapore (NCCS) (slated in Q3 2022) to work more closely with treasured partners to serve the cancer community.



SCS will be expanding our footprint by setting up new rehabilitation centres in the community for patients recovering from cancer.

SCS has been spearheading the fight against cancer for the past 57 years and we are grateful for your contribution. With these exciting plans in the works, our need for fundraising in 2022 and the years ahead grows. Your support empowers SCS to give hope and strength to our many beneficiaries in their fight against cancer.



Mr Wee Leong How
CHAIRMAN

Mr Albert Ching
CHIEF EXECUTIVE OFFICER

Cherrie was diagnosed with uterine leiomyosarcoma, a rare and aggressive cancer, after undergoing a hysterectomy. The fibroids in her uterus were found to be malignant after a scan and biopsy. She started her chemotherapy journey immediately after the diagnosis.

However, her cancer progressed to stage 4, metastasising to her lungs and taking a toll on her body. She required assistance from nurses and family members for activities such as showering, and her condition spiralled further when she suffered from pneumothorax (collapsed lungs) after the metastasised cancer was treated. This caused her much dread and despair as she gasped, fearing each breath could be her last.

She was referred to Singapore Cancer Society (SCS) Rehabilitation Centre for her recovery. With SCS Support Group, Cherrie was able to share her woes and connect with others who faced similar experiences, helping her find inner peace and hope. The one-on-one time spent with SCS physiotherapist enabled her to steadily regain her strength through progressive exercises.

“We do not need sympathy. What we rather need is empathy - for others to understand what we go through, and the side effects cancer treatment can cause,”

– Cherrie Ho

“

Cherrie’s words of advice to all survivors and patients currently struggling with cancer:

Firstly, exercise as much as possible for the physical and psychological benefits.

Secondly, eat healthy as the body requires proper nutrition to bolster the immune system.

Lastly, it’s not about how long your life is, but how you live it!

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Cherrie Ho, 49, Stage 4 Leiomyosarcoma cancer warrior

2021 > **\$3.053 million** disbursed
> **2240** beneficiaries aided

SCS Cancer Treatment Fund

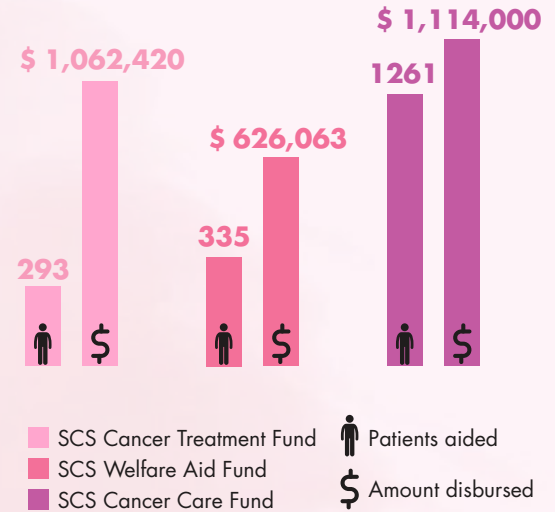
Established in 2005 to provide cancer treatment subsidies to patients experiencing financial difficulties. Patients are referred by their doctors or medical social workers from various restructured hospitals.

SCS Welfare Aid Fund

Established in 1964 to provide cancer patients and their families with temporary financial aid and sustenance during and after treatment to offset financial strain arising from loss of employment, loss of income, and hefty treatment costs. To further enhance the well-being of such patients, supplies including milk, diapers, medical supplies, stoma bags and other medical equipment are also offered under this Fund. Welfare aid funding is accessed through medical social workers and healthcare professionals at various hospitals, hospices, and social service agencies.

SCS Cancer Care Fund

A one-time financial assistance scheme that provides for the immediate needs of patients from low- and middle-income families within the first six months of diagnosis.



In 2022, we aim to **raise \$3.5 million** to continue providing a range of welfare and financial assistance to support Singaporeans and Permanent Residents from low- and middle-income families of cancer patients.



Help us achieve more by sharing. Scan and share the SCS donation page with your loved ones.



Does your company offer screening packages for female employees? If not, it is time to get on board the **SCS EmpowHER programme** to encourage working women to get screened and be protected against cancer.

Who should get screened?

EmpowHer targets working women aged **25 - 69**.

Which screenings are included?

Breast Cancer, Cervical Cancer and Colorectal Cancer.

Screening benefits for eligible female employees (Singaporeans and Permanent Residents) :

- \$25** Funding Assistance for woman to get their mammogram screening done at participating screening centres
- (Pap/HPV Test) for cervical cancer at no cost* at participating clinics
- Faecal Immunochemical Test (FIT) Kit for Colorectal Cancer at no cost*

What is the EmpowHER Programme?

It is an initiative that empowers women to take an active role in cancer control by providing them with the necessary tools like free cancer screenings and more. By becoming our Corporate Social Responsibility partner, we can build a conducive work environment that supports women in taking care of their health.

What other benefits does SCS provide?

Cancer awareness talks and webinars by cancer specialists.



Time to EmpowHER our female workforce, email empowher@singaporecancersociety.org.sg to find out more!

*Pap/HPV Test: Eligible to Singaporeans (At no cost at participating CHAS clinics and SCS Clinic @ Bishan) & PRs (At no cost at SCS Clinic @ Bishan)