

癌症康复中心

新加坡防癌协会(SCS)社区癌症康复中心于2015年11月开始运营。

这是新加坡首创和医院互补，为完成医院治疗后的客户，提供持续和综合服务，来满足癌症患者，幸存者和看护者的需求。

我们经验丰富的医生和治疗师团队与客户紧密合作，满足他们的康复需求。我们旨在倡导客户终生健康生活方式，最大程度地减少癌症治疗的副作用，并促进客户独立以改善整体生活质量。



**SINGAPORE
CANCER
SOCIETY**

REHABILITATION CENTRE

Celebrating Recovery

SCS Cancer Rehabilitation Centre

30 Hospital Boulevard, #16-02
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Singapore Cancer Society

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**SINGAPORE
CANCER
SOCIETY**

**ONE-STOP
CANCER
REHABILITATION
CENTRE**



**新加坡防癌协会
康复中心**

Singapore Cancer Society Rehabilitation Centre

The Singapore Cancer Society (SCS) community-based Cancer Rehabilitation Centre began operations in November 2015.

It is the first of its kind in Singapore and complements the services offered at acute care hospitals by providing continued and integrated care to address the needs of cancer patients, survivors, and caregivers.

Our experienced team of doctors and therapists work closely with our clients to attend to their rehabilitation needs. We aim to promote lifelong healthy lifestyle for cancer survivors, to minimise cancer treatment side effects and promote independency to improve overall quality of life.



Do you need Cancer Rehabilitation?

Cancer Rehabilitation can help if you are:

- Newly diagnosed with cancer
- Receiving or have completed treatment
- Experiencing cancer-related symptoms or treatment-related side effects such as:
 - Tiredness
 - Muscle weakness
 - Joint pain
 - Numbness
 - Poor appetite / loss of appetite
 - Weight loss/gain
 - Forgetfulness
 - Changes in mood
 - Sleep disturbance
 - Lymphedema swelling
 - Difficulty in swallowing
 - Speech difficulties
 - Changes in sexual health



您需要癌症康复服务吗?

如果您有以下情况，康复服务会对您有所帮助：

- 刚刚诊断癌症患者
- 正在接受或已完成治疗
- 经历与癌症相关的症状或与治疗相关的副作用，例如：
 - 疲倦
 - 肌肉无力
 - 关节痛
 - 麻痹
 - 饮食欠佳
 - 过重/过轻
 - 健忘
 - 情绪波动
 - 睡眠问题
 - 淋巴水肿
 - 吞咽问题
 - 言语问题
 - 性健康的变化



Programmes and Services

- Cancer Rehabilitation Clinic
- Physiotherapy
- Occupational Therapy
- Speech Therapy
- Dietetics
- Exercise Programmes
- Sexual Health Education
- Cancer Support Group Activities
- Hospice Care
- Psychosocial Support
- Welfare Services

SCAN QR CODE
to learn more



服务项目

- 癌症康复诊所
- 物理治疗
- 职能治疗
- 语言治疗
- 饮食护理
- 运动计划
- 性健康教育
- 癌症互助小组活动
- 慈怀护理
- 社会心理援助
- 福利服务

以了解详情
请扫描二维码

