

## EmpowHER Factsheet

Though women may be aware of the need for screening, there's little done to empower them to take the next step — showing up for one. With increasing numbers of women joining the Singaporean workforce, we aim to bridge this gap with you to build a cancer-friendly workplace with our EmpowHER campaign.

Through this campaign, we also offer employers the opportunity to merge Corporate Social Responsibility (CSR) and Corporate Giving (CG) into one programme that supports both employers and employees.

### 1. What is the EmpowHER campaign?

It is an initiative that empowers women to take an active role in cancer control. By becoming our CSR partner, your staff will receive year-round funding assistance from the Singapore Cancer Society to defray their screening cost.

### 2. What is the target group?

Full-time and part-time working women aged 25 - 69.

### 3. What are the cancer screenings provided?

Breast, Cervical and Colorectal Cancer.

### 4. What is the funding provided for the screenings?

Type of cancer	Singapore Cancer Society (SCS) support	Cost incurred by participant	Criteria
Breast Cancer	SCS will provide <b>\$25</b> funding assistance for a mammogram screening at participating screening centres.	<b>\$25</b> for Singaporean <b>\$50</b> for PR	<ul style="list-style-type: none"> <li>• Women aged 40 and above</li> <li>• Singaporean/PR</li> </ul>
Cervical Cancer	SCS will <b>absorb all the cost</b> for Cervical cancer screening (Pap/HPV Test) at participating clinics	\$0	<ul style="list-style-type: none"> <li>• Women aged 25 and above</li> <li>• Singaporean/PR</li> </ul>
Colorectal Cancer	SCS will provide the Faecal Immunochemical Test (FIT) Kit <b>at no cost</b> .	\$0	<ul style="list-style-type: none"> <li>• Women/Men aged 50 and above</li> <li>• Singaporean/PR</li> </ul>

## 5. Where will the screening be done?

### **Mammogram:**

The \$25 mammogram funding assistance from SCS can be utilised at one of the 18 participating polyclinics

### **Pap/HPV Test:**

Singaporean: No charge at one of the 27 participating CHAS clinics and SCS Clinic @ Bishan  
PR: No charge at SCS Clinic @ Bishan

### **Faecal Immunochemical Test (FIT) Kit:**

No charge for Singaporeans and PRs for collection at participating locations and SCS online portal

The list of participating screening centres can be found in the Employee Guide.

## 6. How do employees register for the screening?

- SCS will provide a 'Welcome Pack' containing the Employer Guide, Employee Guide, EDM and Consent Form.
- Employee Guide, EDM and Consent Form will then have to be circulated to the eligible female employees.
- Employees will refer to the Employee Guide and make an appointment with participating screening centres (subjected to screening eligibility).
- Results will be sent to the employees directly for any follow up.

## 7. What other benefits does SCS provide?

Cancer awareness talks and webinars at no charge.

## 8. Are there any costs associated with this partnership?

There is no cost to be part of this programme. Employers are welcome to provide incentives for employees to go for their screening.

## Background

Breast, Colorectal and Cervical cancers are amongst the top 10 cancers affecting Singaporean women today. The overall screening uptake rate for Singaporean women is 30 - 40% while for other developed countries it is at 60 - 70%. Regular cancer screenings are crucial for early detection, and therefore successful treatment.

Based on the National Population Health Surveys, the most common reasons for not screening are:

- Screening is not needed if there are no symptoms.
- Screening is painful or uncomfortable.
- There is no time to go for screening.
- Breast screening is expensive.